ISST Intensive Training Week in Sandplay

Brochure with Registration Form link

Please see registration instructions on page 7.

Sandplay training in the tradition of founder Dora M. Kalff

August 5th - 11th, 2018

Archbishop’s Seminary Conference Center

90, Tal-Virtù Road, Rabat, Malta

ITW Overview:

The International Society for Sandplay Therapy (ISST) is pleased to announce the next Intensive Training Week (ITW) to be held at the Archbishop’s Seminary Conference Center in Rabat, on the isle of Malta in the Mediterranean Sea. ITWs are open to students of all levels, but are especially designed to meet the needs of students from countries where opportunities for Sandplay training in the tradition of its founder, Dora Kalff, are limited.

ISST Teaching Members from seven different countries comprise the faculty for the 2018 ITW. Program offerings include the fundamentals of Sandplay therapy, an overview of basic Jungian theory, child and adult case presentations, group supervision of Sandplay case material, experiential learning, exploration of Great Mother mythology, and an excursion to one or more archaeological sites.

Due to the limited number of rooms available at the Archbishop’s Seminary, we will accept up to 36 students on a first come/first serve basis according to when completed registration forms are submitted. Please see the link to the Registration form on the last page of this brochure. Registration will not be confirmed until payment in full is received.
Location/Lodging/Meals:

Walled City of Mdina, a 15 minute walk from the Archbishop’s Seminary

ITW Location:
The ITW will be held at the Archbishop’s Seminary Conference Center at 90, Tal-Virtù Road, in the town of Rabat, on the isle of Malta. Malta, an island south of Sicily in the Mediterranean Sea, is home to many ancient archaeological sites and will provide an inspiring container for introspection, study, and multicultural exchange. The Archbishop’s Seminary is accessible by shuttle from the Malta International Airport. Detailed transportation information will be sent to participants after registration is confirmed.

Lodging:
All rooms for our group confirmed by the Archbishop’s Seminary for the ITW are simple but comfortable single rooms, each with an en suite private bathroom. The cost of 6 nights lodging at the Seminary is included in the ITW fee. Participants will receive their room assignment at check-in on August 5th.

Meals:
Communal meals are served in the Seminary dining hall. Special dietary requests may be made at the time of registration. The cost of all meals from the Sunday evening opening dinner through the Saturday breakfast is included in the ITW fee.
**Program Overview:**
The ITW program reflects ISST’s mission of providing in-depth training in Sandplay in the tradition of its founder, Dora Kalff, based on the theories of C.G. Jung. Program offerings will include introduction to the fundamentals of Sandplay therapy, an overview of basic concepts of Analytical Psychology, Sandplay case presentations, group supervision, hands on experiential activities, exploration of Great Mother mythology, and an excursion to one or more archaeological sites. Participants pursuing certification through ISST may receive guidance regarding writing symbol papers and the final case report.

**Language:**
All program offerings will be presented in English. Adequate fluency in English is required for meaningful participation in the ITW.

**Training Credit towards ISST Certification:**
ITW participants may accrue up to 30 hours of training credit towards ISST certification, with the option of substituting up to 6 of those hours for group supervision.

**Daily Schedule:**
Each day will focus on a general theme. The basic structure of the main presentation days; Monday, Tuesday, Thursday, & Friday is as follows:

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:00 - 9:00</td>
<td>Breakfast</td>
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<tr>
<td>9:00 - 12:30</td>
<td>Morning Plenary with break</td>
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<tr>
<td>12:30 - 14:00</td>
<td>Lunch</td>
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<td>14:00 - 15:30</td>
<td>Early afternoon presentation</td>
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<tr>
<td>15:30 - 16:00</td>
<td>Break</td>
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<tr>
<td>16:00 - 17:00</td>
<td>Late afternoon presentation/Parallel Group Supervision</td>
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<tr>
<td>18:30 - 19:30</td>
<td>Dinner</td>
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<tr>
<td>20:00 - 21:30</td>
<td>Evening presentation or Group Supervision</td>
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Program Offerings:
(Please note: Once registrations are received and reviewed, the program may be modified to better meet the training needs of participants.)

Sunday afternoon, August 5th - Arrival & Introductions
- Arrival, check-in, getting settled (Check-in beginning at 2:00 PM)
- Welcome - Dr. Alexander Esterhuyzen (Hong Kong)
- Faculty & Student Introductions - Betty Jackson (USA)

Monday, August 6th - Sandplay Basics & Jungian Theory
- Basic Jungian Theory with Case Examples - Carlo Ruffino (Italy)
- “Stick to the Image” - Archetypal Psychology and Sandplay - Takuji Natori (Japan)
- Basic Sandplay Theory & Practice for Beginners - Betty Jackson (USA)
- Group Supervision for participants working towards ISST certification

Tuesday, August 7th - Myth, Fairytales, & Archetypal Imagery
- The Journey of Odysseus - Encountering the Feminine in Everyday Life - Dr. Alexander Esterhuyzen (Hong Kong)
- Miniature, Myth, & Meaning - On the Therapeutic Potency of the Small Thing - Betty Jackson (USA)
- Levels of the Psyche Represented by Sand and Objects - Carlo Ruffino (Italy)
- Through Jung’s Eyes: Re-visiting Malta’s Archetypal Imagery in Jung’s Works - Dr. Laner Cassar, (Malta)
Program Offerings, continued:

**Wednesday, August 8th - Archaeological Site Excursion**

- Excursion and guided tour of one or more ancient Archaeological Sites
- Myths & Fairytale stories from Around the World - an evening of storytelling facilitated by Dr. Alexander Esterhuyzen (Hong Kong)

**Thursday, August 9th - Sandplay with Children**

- Developmental Stages in Sandplay - Characteristics of the Processes of Boys and Girls - Lenore Steinhardt (Israel)
- After Loss - A Child Recovers Her Self-Esteem Through Symbols - Bea Donald (Canada)
- Healing Pictures of the Soul - The Case of an Adopted Boy - Thomas Mantel (Germany)
- Group Supervision for participants working towards ISST certification

**Friday, August 10th - Sandplay with Adults**

- Changing Awareness and Feminine Development - The Case of a Woman in Depressive Crisis - Thomas Mantel (Germany)
- Longing for Calm - The Case of a Woman Struggling with Convulsion - Takuji Natori (Japan)
- Fairytale Theory of Mary Louise Von Franz and Verena Kast - Carlo Ruffino (Italy)
- Closing Plenary or Group Supervision for participants working towards ISST certification
- Final Gala Dinner
- Ceremonial Miniature Giveaway - facilitated by Lenore Steinhardt (Israel)

**Saturday, August 11th - Summary & Closing**

- Dynamic Collage - Personal and Collective Images - Bea Donald (Canada)
- Closing Talk - Dr. Alexander Esterhuyzen (Hong Kong)
- Goodbyes & Departure (Noon)
ISST President:

Dr. Alexander Esterhuyzen, president and Teaching Member of ISST, is a Senior Jungian Analyst with the Independent Group of Analytical Psychologists in London. He is a Consultant Psychiatrist specialized in Psychotherapy and was Honorary Senior Lecturer for the University of London at St. George’s Hospital Medical School in London for many years. He has taught and supervised many international projects in Analytical Psychology and in Sandplay Therapy. He currently maintains a private practice in Kowloon, Hong Kong.

Guest Speaker:

Dr. Laner Cassar is a registered clinical psychologist and supervisor working in acute adult psychiatric settings in Malta and Gozo. He holds a Ph.D in psychoanalytic studies from the University of Essex, UK. He is also an independent historical researcher on C. G Jung and Robert Desoille and a visiting lecturer at the University of Malta. He is currently head of the Psychology department at the VGH-Gozo General Hospital. He is the president of the Malta Depth Psychological Association. Dr. Cassar has a special interest in the use of the imagination in depth psychotherapy. He is currently in the final year of his training in Jungian analysis.

Teachers:

Beatrice Donald, Ph.D., CCC, MFT, CAST/ISST has an independent practice in Vancouver, British Columbia, Canada, providing psychotherapy, sandplay training and supervision. She is a senior teaching member of the Canadian Association for Sandplay Therapy and has been a member of CAST and ISST since 1996. Her articles on Sandplay appear in the American, Japanese, German and Lithuanian journals. In her dissertation she explored sandplay in the context of contemporary philosophy.

Betty Jackson, LSW, CST-T is a clinical social worker and Certified Sandplay Therapist/Teacher with over 40 years of experience in school, mental health agency, and private practice settings. She began her Sandplay training with Dora Kalff in 1975 and became a Teaching Member of Sandplay Therapists of America in 1991. She has presented nationally and internationally and authored several articles for the Journal of Sandplay Therapy. She serves on the ISST Board of Directors, coordinates Sandplay training in the eastern USA, works part-time for a mental health agency, and maintains a private practice in Christiana, PA.

Dr. Med. Thomas Mantel, DGST, specializes in Child and Adolescent Psychiatry and Psychotherapy, Psychotherapeutic Medicine, Neurology and Psychiatry. He worked 10 years in different clinics and had a social psychiatric practice with a psychotherapeutic team of 6 co-workers from 1990 until 2016 when he retired. He is a Teaching Member of ISST, a founding member of the German Society for Sandplay Therapy (DGST), a member of the managing board for 9 years, and served as president for 4 years. He teaches at the C.G. Jung-Institut Stuttgart and at the Wiesbadener Akademie für Tiefenpsychologie.

Takuji Natori, Prof. M.A. (ISST, JAST) is a Professor of Clinical Psychology, Kyoto Bunkyo University and a Certified Clinical Psychologist. He practices psychotherapy, sandplay and provides clinical supervision in Kyoto, Japan. He has an M.A. in Pedagogy (1990), Credits for Doctoral course in Pedagogy (1993), Kyoto University. His psychotherapy training includes counseling, Sandplay and play therapy, with Hayao Kawai, Yasuhiro Yamanaka, Yasunobu Okada, Kazuhiro Higuchi, et al. (1988-). He studied at the C. G. Jung Institute Zurich (2002-2004). He started collaboration with James Hillman in 2000 and his practice is based on archetypal psychology.

Carlo P. Ruffino MD, is a Training Analyst at the C.G. Jung Institute-Zurich, member of the IAAP and SSPA and Teaching Member of the AISPT (Italy) and ISST. He is a member of the ISST Board as the Italian representative. He has led Jungian Psychodrama groups for 20 years. He has taught Analytical Psychology in Kusnacht and Geneva and Sandplay Therapy in many European countries. He has supervised in both individual and group contexts. He is currently in private practice in Torino, Italy, working mainly with adults and adolescents.

Lenore F Steinhardt, MA, ATR, ISST-CSTT, an ISST member since 1997, is an art therapist, Sandplay teacher and supervisor and Jungian psychotherapist. She has worked with children and families in a public clinic and in private practice for 35 years. In 2003 she founded a Sandplay Therapy Training Program in Tel Aviv. She has written two books on Sandplay: “Foundation and Form in Jungian Sandplay - An Art Therapy Approach” (2000), and “On Becoming a Jungian Sandplay Therapist - The Healing Spirit of Sandplay in Nature and in Therapy”(2012). She has presented at ISST Conferences and ITWs since 2001 and authored many articles on Sandplay. She was the ISTA representative to the ISST Board, and Founding Editor of the ISST Newsletter.
Program Cost:

ITW Registration fee:  $1,100 (~ 916 Euros)

The registration fee includes:

• All seminars and group supervision sessions.

• 6 nights lodging at the Archbishops Seminary Conference Center (single rooms with private en suite bathroom).

• All meals from Sunday evening, August 5th dinner through Saturday, August 11th breakfast.

• Wednesday, August 8th excursion to one or more archaeological sites.

The fee does not include:

• Airfare

• Ground transportation to and from the Malta International Airport

• Personal Insurance

Registration:

Registration Process:

• Complete and submit the ITW Registration Form using the following link:

  https://goo.gl/forms/h2EZCBUMOSBjZLlh2

• Payment instructions will be sent to the first 36 persons who submit the completed registration form.

• All others will be placed on a waiting list.

• Payment in full must be received within two weeks in order for registration to be confirmed.

• If payment is not made within two weeks of receiving payment instructions, your space will be offered to the next person on the waiting list.

Questions ???

Contact ITW Committee Member: BettyCJackson@mac.com

Note: Due to changes in certain costs, the fee has been adjusted from what was posted previously on an earlier brochure.