The ISST Newsletter is an electronic publication e-mailed to all ISST members of National Societies and to Independent Members. It provides information about Jungian Sandplay Therapy as developed by ISST founder Dora Kalff. This method is practiced by certified ISST members of National Societies and by Independent Members throughout the world. The Newsletter aims to facilitate communication between all ISST members and to provide access to current research, events, and educational opportunities in the field of Sandplay Therapy. Please visit our website for information about education and training in Jungian Sandplay: www.isst-society.com

ISST is the organization that connects you with the work of certified Sandplay Therapists around the world, who use Sandplay to help people of all ages to alleviate emotional pain, and improve their sense of emotional well-being, creativity and individuality. Jungian Sandplay is a symbolic, non-verbal method in keeping with C.G. Jung’s goal that the therapeutic process leads us to become ourselves more fully.

ISST encourages the highest quality of sandplay therapy practice available, and disseminates information to the general public.

ISST represents more than 280 certified members around the world, and 11 National Societies.
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From August 18 - 22, 2014, the ISST Board is planning to hold its annual meeting in Ottawa, Canada, the future site of the 2015 ISST International Congress. At the coming Board meeting, long-range planning will be emphasized. Board members will be asked to share their visions of the future of ISST, followed by a strategic planning process that will include:

(a) defining the desirable future state of ISST;
(b) clarifying the differences between the current and the desirable future, and
(c) developing plans to move from the present to the future.

If members would like to contribute ideas for the future of ISST, please email your thoughts and suggestions to Rie (rie.mitchell@csun.edu) and to the Board member who represents your country, and please copy in the ISST secretary (isstadmin@virginmedia.com)

Thank you!
Rie and Alex, ISST Presidents
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The ISST ITW
Some important things to know about the ISST Intensive Training Week (ITW) in Sandplay Therapy
By Alexander Esterhuyzen, May 2014

For various reasons the ISST Board will not be offering an ITW this year. However, I thought it may be useful for people to know about the background of what has become an important ISST Board activity.

It was in 2005 when Ruth Amman, our President at the time, raised a brilliant proposal for the Board to consider. It was one of many inspired innovations that she introduced during her leadership and one which helped to transform our society from a relatively small, “hand knitted” (as she so aptly expressed it) organization into the thriving, professional and growing organization it is today.

The first ITW was held in Holland in 2006. In 2008 in Brazil, 2010 in Bulgaria, and 2012 in Poland. Holland and Brazil have since become ISST National Societies. We hope the others will follow in due course.

The ITW is held on alternate years when there is no ISST Congress. The Board has to meet every year, so by carefully considering the location of the Board meeting on years when there is no congress, Ruth proposed that we could provide high quality teaching on ISST based sandplay therapy for regions with no ISST National Society that are struggling to develop this unique therapeutic modality. We try to choose countries where there is already some serious interest, but where people may not easily have access to ISST teachers. Continued pg. 4
Continued…..

Specifically, the ITW is intended to provide Sandplay training at the lowest cost possible so as to include interested students who may have difficulty paying international teaching fees. For this reason we use low cost more simple, but comfortable venues. The ITW is NOT an International Conference. Nobody apart from the administrator who does the bookings gets paid for organizing the ITW. The Board members offer their time at very reduced costs as an act of service. It is important that all parties respect this. Regarding volunteers who help or contribute exceptional assistance, in the past they have been offered concessionary places at low or no cost depending on how much they do.

Nevertheless, the ITW must be completely self-supporting financially and cover its own costs apart from the airfares of the Board members. ISST pays fifty percent of the teachers airfares because they are attending the Board meeting, but does not subsidize the cost of the ITW in any other way. ISST does further support the ITW by paying advance deposits for accommodation etc. This is reimbursed by the ITW income.

It is important to be aware that the ITW does not favor or promote any one local group above others, but encourages different local Sandplay groups to attend and get to understand and interact with each other where ever possible. This is important because although ISST allows only one ISST National Society per country, it hopes that the National groups will be inclusive and representative of all Sandplay groups in the country. The teaching through lectures, workshops and supervision groups occupies a whole week. This gives a wonderful opportunity for participants to gain insight into the depth of our approach. It also allows participants to mix with each other and with teachers; to socialize and really get to know each other as well as gaining deeper insights into the work. Thus far the teaching medium has always been in English. Some non-English speakers have organized their own translation in small groups where necessary.

Traditionally it has been the President who leads the organization of the ITW because of their awareness of the broader international situation with regard to development of sandplay. However, the Board considers and decides appropriate locations.

If you are reading this and are wondering whether your country might be a suitable venue for an ITW, please write to us care of the ISST secretary ( isstadmin@viginmedia.com )

Writing a Proposal for holding an International Training Week in Your Country:

*You will need to explain your motivation for wanting to have the ITW in your country.
*Give evidence of how you will include all ISST oriented sandplay groups in the organization of the event.
*Include a short list of proposed possible venues together with a budget of costs for a group of 30-50 students and around 10 teachers. It is an important part of the ITW experience for participants to live and eat together for the week. A large room for a plenum meeting is required each day and at least two further smaller seminar rooms for breakout seminars and group supervisions in the afternoons. If you would like more information, please write to the ISST secretary in the first instance.
The dues payment process has now been completed for 2014. We have very few late payments. Our systems are working! Thank you to all of you for being responsible members of this organization.

With our international diversity, with Sandplay being used for deep transformative work, we are all benefiting. Sandplay is being respected for the healing modality that it is, and people are seeking us out for what we offer. The more talk and work that there is with Sandplay around the world, our efforts are reinforced professionally and personally.

There have been several issues that have been raised to me regarding the status of the Treasury for ISST that I will be addressing at our August ISST Board meeting. We refer to the statutes for many of the decisions that affect our membership. We are growing organization that needs to consider how our statutes are binding or hindering us from where we are headed as an organization. I must make decisions from these statutes as I am contacted for exceptions, changes, society organizational difficulties and overall fiscal management.

We have new groups emerging with energy and enthusiasm for Sandplay. We have to address how to be responsive to these groups, but also to respect the needs of our membership. The Board members are participating in the emerging development of groups, and we need to be respectful of these member’s time and expense in addressing these groups. Our co-presidents are “out and about” for Sandplay, representing us in the larger community of mental health, promoting this modality for us. This involves cost. For those of you who are Independent Members, you know how helpful it is to have contact when you are in the desert of Sandplay in your countries!

I am promoting individual societies’ independence in establishing protocols that work for the individual country’s needs. I am also promoting the society’s responsibility to the larger community for dues and participation.

Your representative comes to the Board meeting representing you! Make sure that your representative knows of your concerns, so that they can be addressed at the Board meeting.

Again, I can say-YOUR DUES HAVE REMAINED THE SAME, even considering the inflation of bills and services that we use. Pat yourselves on the back!!!!!!!!!!!!!!

Trudy Corry Rankin
ISST Treasurer
3. NEWS FROM NATIONAL SOCIETIES

AISPT (The Italian Association for Sandplay Therapy) President: Stefano Marinucci
ISST Board representatives: Rosa Napoliello & Milvia Talamini
Activities of AISPT 2014, by Rosa Napoliello

In 2014, the AISPT collaborated with ARPA (Jungian Association recognized by IAAP) and opened in Rome a family-home which is a center of clinical diagnosis and psychotherapy where Sandplay Therapy will be used. The center, called “Casetta Rossa” ("Red Lodge") is open to individuals who wish counseling or treatment, and also performs a social function in that its clients are young guests of the facility and “have-not” users from districts in the area north of Rome. In this new clinical center, graduates of our school can offer their cooperation, if they wish. The center has also become a home for training students of the AISPT School of Psychotherapy.

*In March 2014, the AISPT began a collaboration with the ASL (Local Health Unit) of Sassari in Sardinia. AISPT members are carrying out a Sandplay Therapy training program for nurses, psychiatrists and psychologists. This project, begun in 2014 will have a four-year development.

*In Rome we are concluding the second year of our course in Sandplay Therapy, held at the Red Lodge Community. The theme of the course is "Sandplay Therapy and Analytical Practice."

*In Milan the first year of the two-year specialization course in Sandplay Therapy for psychotherapists and psychoanalysts has begun. The theme of the course is "Representation of Conflict and Creativity." The course will be held at the headquarters of the Don Gnocchi Institute for Research.

* Despite the economic crisis that weighs particularly on the shoulders of the younger generation, for the academic year 2014/15 there were new entries to the four-year school of psychotherapy, so the school was able to continue its work and provide qualified instruction of Sandplay Therapy.

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TSST : TAIWANESE SOCIETY FOR SANDPLAY THERAPY
ISST Board Representative: Grace Hong

In early December of last year (2013), we completed a Beginner’s Workshop entitled Sandplay with Children and Numinous Space; and an Advanced Sandplay workshop entitled Alchemy in Sandplay and The Veil of Isis. Lauren Cunningham and Maria Chiaia were the teachers. They also provided individual supervision, group supervisions, plus co-supervisions for our professionals and trainees. We are grateful to Lauren and Maria.

From October of 2013 to June of 2014, Dr. Grace Hong and Professor Michael Huang, along with TSST’s four certified members of the ISST, provided a sandplay seminar to our trainees. The topic was Sandplay Therapy: Jungian Theories and Symbol Study. It was a very fruitful experience for all the teachers and trainees. Moreover, TSST’s four certified members finished their co-teaching experiences.

We are in the process of forming an educational committee that will be planning a more formal and organized training program for sandplay learners in Taiwan. We also have formed an ISST admission committee that will be responsible for helping trainees obtain their certification.
In 2014, we will be celebrating the 10th Anniversary of the Dutch Sandplay Society. Since its foundation in 2004, our Society has established a solid basis, locally and on an international level. We are a well functioning Dutch "Vereniging". Workshops, Supervision and study groups are organized on a regular basis. In 2009 the National Society was accepted by the ISST. We are proud to have three International Teaching Members amongst our members. In the future we hope to maintain strong relationships with our Dutch colleagues (Sandplay therapists, psychotherapists and Jungian Analysts) and with our colleagues from around the world. We will also keep deepening and sharing our knowledge of Sandplay, by organizing more trainings and supervision.

In 2014 a new supervision group will begin in Utrecht, that will meet at least 4 times a year. Odile van Embden-Wolff will be the first Teacher to lead the group, and others may join in time. In November 2013 Odile published a case study in the German Journal "Sandspiel Therapie", issue (Heft) 53 entitled: The animus in a symbolic developmental process of a young woman; ("Mannliches - im symbolischen Entwicklungsprozess einer jungen Frau"). Another article was published in the Dutch Journal for Client-centered Therapy, Year 51, issue nr.4, 2013. Interviewed by an editor of this Journal, Odile tells about the history and theoretical background of Sandplay therapy, especially about the power of the unconscious.

Our president and Jungian analyst, Vanessa Prins-Goodman published an article in the Journal for Interdisciplinair Society for Analytical Psychology entitled: "Sandplay Therapy: Letting the hands speak". In this article she writes about the origin and Jungian basis of Sandplay. The use of sand, water and miniatures and the dialogue between the conscious and the unconscious.

In February 2014 Anna Schwerdtfeger, a new board member of the Dutch Society, gave an introductory workshop about Sandplay in De Meern which was very well received. In September Anna will give another introductory workshop in cooperation with Odile van Embden-Wolff. Through these workshops we hope to interest more students in Sandplay therapy training.

**Program of our Dutch Teaching Members 2014**

To celebrate this important year, we have set up a training program for our Dutch Teaching Members who will practice their skills in teaching Jungian Sandplay. But first we will meet Ruth Amman in the Netherlands for our first workshop this year.

**May 11th:** "Sandplay and Jungian analysis: On the use of Dreams, Painting and Sandplay ". Ruth Ammann, former ISST President.

**September 13th:** "Sandplay and Mindfulness" by Jellemieke Hees, with "An introduction to Sandplay" by Theresa Foks together with Jellemieke Hees

**November 14th:** A case presentation by Anna Schwerdtfeger and a Symbol presentation by Clara Waardenburg.

For these workshops we welcome international sandplay students - we will present in English if enough international students register to attend.

**New website**

In May 2014 our website will have a new look and a new name: [www.sandplay.nl](http://www.sandplay.nl)
Sandplay in Ternopil, Ukraine 2014: Brief Report by Ulrike Hinsch

Over Palm Sunday, April 2014, I visited Ternopil, 120 km southeast from Lviv, West Ukraine again for teaching and supervision. It was the seventh seminar of the Sandplay training curriculum which began in 2011 as a cooperation of APPU and UUAP (Ukrainian Organisations for Psychotherapists) with DGST (German Sandplay Society). The atmosphere in West Ukraine was tense due to the mounting tension between the Ukraine and Russia.

“The Healing Power of Sandplay”

Twelve therapists, the organiser Vladyslav Gazolyshyn, his wife Dr. Iryna Gazolyshyn and the translator Roman Zin welcomed me warmly despite the confusing and dangerous political and social situation. For three days the seminar’s participants focused their concentrated attention on the effect of the tension with their clients but also took the opportunity to reflect on their own personal experiences as citizens, family members and principal supporters of the situation and people of Maidan in Kiev, the Krim Peninsula and Eastern Ukraine.

Every morning we began with a round of talk, sharing thoughts, dreams and impressions about the actual situation. On Friday and Sunday this was followed by a group sandplay – which, as participants commented at the end of the seminar, was very beneficial particularly during this time because of the cloud of war. In the previous seminars there had also been group sandplays. Especially in regions where certified sandplay therapists are not available, the experience of group sandplay can help toward a deeper understanding of what sandplay can mean for individuals and individualization, or coping with threatening circumstances.

During the theoretical part of the seminar I gave an overview of current concepts of traumatology and psychoanalytical treatment of psychic traumatization as well as a comparison of trauma therapy and Sandplay therapy, illustrated by exemplary images of sandtrays and sandplay processes. As Friedrich Hoelderlin (1770 – 1843) wrote in his poem Patmos: But where there is danger, A rescuing element grows as well. Special indications for the practice of sandplay and limitations/ contraindications were discussed.

During group supervision we worked on Sandplay experiences of children and adults from broken families, with trauma or disabilities, with sandplays done under different conditions, or done by people who are institutionalized. At the end of the seminar we again discussed options for further training and qualification.

I feel very much enriched and deeply grateful for the possibility to take part in this training program and want to thank all the Ukrainian colleagues as well as the other teachers for this promising project in times of despair, in the middle of Europe after even more than a hundred years of postwar surroundings.

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BISS (British and Irish Sandplay Society) ISST Board Representative: Kate Loiseau

Continuing Sandplay Workshops: Report by Maggie Baron, London

Several years ago some trainees requested that after the completion of the formal BISS theoretical training some continuing contact be offered. As our membership is spread over the country it fell to me to offer something in London. Every two years our trainees finish their regular training week-ends and it is at this time that I send out an invite to anyone who would like to attend the usually six Saturdays in the year. Three in the spring and three in the autumn. Women come and go at the end of each theme but there are those who have continued through the years. Topics are selected within the group and then we meet to follow the theme and creative contributions of various kinds are brought by the women - and shared with others present. I create the structure for the day and bring relevant material about Sandplay to the attention of the group. There is usually a mix of theoretical and creative activity. Some of the themes covered have been Alchemy and Number, Reflections about the moon in Sandplay, The Body and recently the Imagination, Psyche and Sandplay.

My thanks to all who participate!

Here is a sample from the MOON series:

_The moon was introduced through the making of a personal collage whereby all one’s associations with the moon were brought into a composition, awakening the individual’s relation to moon in both the outer and inner worlds._

_The physical moon, the metaphorical moon, the mythical moon and the psychological moon were differentiated and explored._

_The mythological moon was focused on and the relation to death and reincarnation was the main theme discussed. An African folk tale of Mantis and the Moon was told as a story of the moon’s creation._

Here are some of the comments sent by the woman attending:

**Rosie Crump:** The workshops are wonderful fertilizer, they keep the imagination growing and flowing, blossoming and bearing fruit in living that would be lesser without them.

**Ruth Shelley:** We sit around the kitchen table pens poised for carefully selected quotes on the topic. As well as leaving with a record of expert knowledge, we will also have experienced creative exercises which bring the topic to life. Working closely together with a small group of colleagues adds another dimension to these study day's - including too much good food for us to finish!

**Birgitte Kiobe:** Attending the workshops has for me been a unique possibility to explore into the symbols and perspectives of Sandplay Therapy in order to get a richer and deeper understanding of the underlying Jungian Psychology, and it has been helpful for both my personal development and for the Sandplay Therapy with my clients.

**Justine Jones:** These workshops provide not only needed inspiration via Jungian focus but also reinforce the goal of truly being with the client during the process!

BISS continued.....
BISS : Report from Finland : From an Interview with Anne-Charlotte Söderström, Jungian psychotherapist and BISS Sandplay candidate in Finland.

**Playing With Your Unconscious in a Sand Tray**

Anne-Charlotte Söderström’s basic training is in physiotherapy; she encountered sandplay therapy when she studied to become a psychotherapist in London. She is one of the few in Finland who uses Sandplay which now has started to become more known and popular. Sandplay combines body and mind and takes into use symbols from all fields of life. Anne-Charlotte Söderström concludes:

There is a meaning in everything: In a sandplay session a client is free to choose, the wet or dry sand tray and any object. Every object and where it is placed in the tray is meaningful and the image connects to what is going on in the client and the unconscious. The therapist is present, a silent witness, who takes note of ‘everything moving in a ’ free and protected space.’ Anne-Charlotte Söderström explains that when your hand and your eye cooperate in the sand your neurological system is affected in the amygdala in the brain, a place we don’t usually consciously visit in daily life. The symbols, the sand and the small figures call forth a connection with the unconscious. The therapist must have a thorough knowledge of the objects and their symbolic functions. The intention is to heal and to set free blocked energy. When the client has finished the image in the sandtray, she or he can express whatever has come up in the process. The experience of doing a sandplay image is strong and it will linger in the mind of the client. What does it want to say and why was it done in the way it was?

The tray does not lie. It forms a sacred space for the client and it speaks about the inner self. Sandplay therapy is a tool in the process of individuation. The intention here is to heal, to find balance between the masculine and the feminine aspects, to stop projecting or to be a victim, and to find the spiritual and healing processes in oneself, says Anne-Charlotte Söderström.

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Emma Allen, Art Therapist at Rampton Hospital and BISS Sandplay Therapy Trainee presented Sandplay Therapy as individualised Arson Treatment at the IAFP (International Association of Forensic Psychotherapy) Conference in March, in Zeist, Utrecht, Netherlands. The conference theme was “Understanding Justifications and Excuses of Criminal Behaviour”. Emma’s talk on “Fire & the Phoenix” “Forensic Sandplay Therapy: Working with the symbolic element of fire in Individual Arson Treatment in a High Secure Setting” was well received, with future invites to talk in London at both FATAG (Forensic Arts Therapies Advisory Group) conferences, and the ‘Saturday Forensic Psychotherapy Forum.

Emma will present her case at the BISS Joel Ryce Menuhin Lecture Weekend on Saturday May 24th 2014 at Heythrop College, University of London.

This illustrated case presents Sandplay Therapy as incorporated into the arson treatment programmes, With deeper exploration of the meaning behind fire-setting for the individual patient, offering non-verbal treatment for those who may find talking about their offending difficult. It also considers the difficulties of working with offenders, and with those with personality difficulties. The symbol of the phoenix, the mythological fire-bird and its relationship to the offender patient is illustrated through a series of photographs from the therapy sessions, discussing the psychological meanings behind themes such as immortality and rebirth.
At our ISTA elections in February 2014, Michal Troudart was elected President of ISTA, and new heads of the various committees were elected. We hope that despite the difficult economic situation in Israel our membership will continue to grow as there is much interest in sandplay. The Jerusalem Sandplay training program continued this year with their 2nd year candidates. The Tel Aviv Sandplay Training Program students are finishing the first year of study. The students are now discussing the process of researching symbols. During their second year of study they will give short presentations in class of their chosen topic or symbol before completing their final symbol papers.

Michal Troudart gave a lecture entitled "The Analyst as a Midwife“ in the annual conference of the Journal of Analytic Psychology in Boston. The paper presented and discussed dreams and Sandplay images in analyses of women during their first pregnancy.

Galit Ben Amitai is a child psychiatrist, working in an outpatient clinic in a community mental health center in Tel-Aviv. Her main interest of research is child maltreatment. This year she joined the Israeli Institute of Jungian Psychology, as a candidate. As a psychiatrist in an academic institute, she meets students from different disciplines that are eager to learn about sand play therapy. This year she gave several lectures to medical students during their rotation in child psychiatry, as well as to child psychiatrist interns and to training psychologists. She has also lectured on the use of sandplay therapy with children who have suffered sexual abuse.

In July 2014 Lenore Steinhardt and Yonat Fischer will give a two-day introductory workshop within the framework of the annual summer expressive therapies workshops for therapists, within the general theme of “parenting and families,” at the Kibbutzim College of Education Tel Aviv. Workshops in many disciplines are offered. The sandplay workshop is entitled “Sandplay and Myth: Demeter and Persephone- a Divine Mother-Daughter Relationship and Single-Parent Family in Trauma.” The workshop will present the basic concepts of Jungian Sandplay Therapy, and the relevance of myth to the Sandplay journey.

Last summer’s sandplay workshop (July, 2013) was entitled: Myth & Sandplay: The Myth of Amor and Psyche: The Influence of Parenting and Family Styles on the Couple Relationships of Their Grown Children“. The interest generated by this approach led to being invited to do a second Sandplay & Myth workshop this year. In Sandplay we stress the inner guide, the Self, leading to the path that is there but not seen, and the help from the unconscious (the Gods) that will come at the right time.

Myths tell stories that explain the origins of being, how things once were when gods ruled the earth, and how men were created. Myths describe two levels of existence - human and divine, the temporal and the eternal. Myths remain alive and relevant although they may have been written thousands of years ago because they connect us to the stages and events of the journey through life of every person. They touch our unconscious knowledge of our path in life, our relationships, conflicts and goals. Myths also instruct us through examples of a hero, who must cope with impossible tasks, and prove his or her worth, so that the Gods do finally intervene and help in his or her successful return to life.
STA (Sandplay Therapists of America)  
ISST Board Representative: Maria Ellen Chiaia  
Sandplay Therapists of America continues to work towards its upcoming conference scheduled for June 5-8, 2014, in Seattle, Washington. The title is, “The Spirit of Story in Sandplay” and will be dedicated to Kay Bradway. Brochure and Registration will be online in February, 2014. There is also a post-conference program on the Red Book with Sonu Shamdasani. The conference program includes both national and international presenters, and we look forward to a successful event.

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JAST (Japanese Association of Sandplay Therapy)  
ISST Board Representative: Yasunobu Okada  
The twenty-eighth national congress of Japan Association of Sandplay Therapy will be held at Toyo Eiwa University in Yokohama, from 4th to 5th of October 2014. The theme of the congress is "Pathos in Practice." (URL: http://www.toyoeiwa.ac.jp/hako28th/)

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CAST (Canadian Association of Sandplay Therapy)  
ISST Board Representative: Sylvia Simonyi-Elmer  

Book your calendars for our next  
International Society of Sandplay Therapy Conference  
In Ottawa Canada, between August 5th-10th, 2015!
Invitation to the next Swiss-German Conference

Das Symbol und sein Bezug zur Welt
The symbol and its relationship to the outer world
(In the German language with translation to French)

26th to 28th September 2014,
Beatenberg, Switzerland

Contributors: Bert Meltzer (Israel), Maria Kendler, Ruth Noël, Erika Lachauer, Jörg Rasche, Petra Neu, Ulrike Hinsch, Ruth Ammann, Ignez Carvalho.

Information and enrollment: www.sgsst.ch

Appendix D, the application for certified membership, is now in PDF format and can be found on the ISST web-site in three languages: English, German and Italian. The application can be filled out via computer, rather than by hand, and emailed to the ISST Secretary, after completion of membership requirements.

isstadmin@virginmedia.com

To all ISST members:
Please send your comments and suggestions about the
ISST Newsletter to:
ISST Secretary
isstadmin@virginmedia.com